Health

In order to avoid risks to health we always follow these health procedures

* Activities will take account of children's health needs - dietary and physical exercise.
* Ensure children can play outside every day.
* Provide space for children to sleep or play quietly, that is frequently monitored.
* Fresh drinking water is available at all times.
* No smoking will be allowed on the premises.
* Changing facilities will be cleaned with anti-bacterial wipes after each use.

Accident

* All staff will have a current Paediatric First Aid certificate.
* Every adult will know where the first aid box and accident book is kept.
* Accidents, injuries and any first aid treatment will be recorded in the accident/incident book.
* A named person will be responsible for the checking the contents of the First Aid box once a term. Appropriate content for use with children.
* The first aid box will contain the following as given in the guidance in The Health and Safety (First Aid) Regulations 1981.
* Parents will be informed of any accident or injury, or any first aid treatment sustained by their child as soon as possible.
* Notify Ofsted and local child protection agencies of any serious accident, illness or injury or the death of any child, and of the action taken within 14 days.

**Dealing with bodily fluids**

If an accident or illness occurs which results in bleeding, vomit, faeces or urine, the following procedure will be followed:-

* Disposable gloves will be worn.
* The wound will be washed in water.
* A suitable dressing will be applied.
* Wrap blood stained tissues or waste paper in a nappy sack and dispose of it.
* Wash blood splashes off the skin with hot soapy water or out of eyes with water.
* Clean affected area by blood, vomit, urine or faeces with anti-bac spray and anti-bac wipes, at the end of the session then clean using diluted household bleach (1:10).
* Clothes, soft toys or soft furnishings stained by body fluids will be washed by hand using hot water and detergent or in the hot wash cycle in a washing machine.

**Special note re HIV/AIDS**

* All settings should follow the hygiene policy when dealing with accidents resulting in bleeding or vomiting or in cases of diarrhoea and changing nappies.
* No one has the right to know if another person is HIV positive or has AIDS.
* This information should not be shared with anyone else without the permission of the person concerned.
* OTHER PARENTS DO NOT NEED TO BE TOLD
* Any failure by an employee to keep this information confidential may result in immediate dismissal and will always result in disciplinary proceedings.