Sun Protection

At Westfield Playgroup we acknowledge the importance of sun protection and want staff and children to enjoy the sun safely.

We will work with staff and parents to achieve this through:

* We will encourage children to sit/play in the shade where it is possible.
* Children must have a clearly labelled sun hat which will be worn at all times whilst outside in sunny weather. This hat will preferably be of legionnaires design (i.e. with an extended back and side to shield children’s neck and ears from the sun) to provide additional protection
* Staff are to role model sun safety by wearing sun cream/hats
* Please apply sun cream on your child before their session starts, staff will only apply sun cream after lunch if your child stays for the two sessions on a Monday - Thursday.
* Parents are requested to supply light-weight cotton clothing for their children suitable for the sun, with long sleeves and long legs
* Children’s safety and welfare in hot weather is playgroup’s prime objective so staff will work closely with parents to ensure all appropriate cream and clothing is provided
* Staff will make day-to-day decisions about the length of time spent outside depending on the strength of the sun; children will not be allowed in the direct sunlight between 11.00am – 3.00pm on hot days
* Children are encouraged to drink water more frequently throughout sunny or warm days and this will be accessible both indoors and out
* Children are made aware of the need for sun hats and the need to drink more fluids during their time in the sun
* Shade will be provided to ensure children are able to still go out in hot weather, cool down or escape the sun should they wish or need to. At playgroup, we have shaded areas in the outdoor provision.